

# ZERO WASTE AT SCHOOL

[WWW.SINPLASTICO.COM](http://WWW.SINPLASTICO.COM)



# PARENTS AND CARERS YOU CAN REDUCE WASTE FOR YOUR CHILDREN GOING BACK TO SCHOOL

Did you know that every year 8 million tons of plastic, equivalent to the weight of 800 Eiffel Tower's, reach the sea? And this plastic is never destroyed but it breaks into tiny pieces intoxicating marine life and ourselves as it enters the food chain?

At Sinplástico we believe that each of us has the power to stop it and build a better future for the younger generations. That's why we've prepared these five tricks to get you back to school with less polluting waste:

## 1 Buy second-hand school supplies:

There are now many second hand stationary shops that are great for sports clothing but also talk to your school about donating last years school uniform to pass onto the next year.

## 2 Nearly new clothes:

You can also buy children's clothing in perfect condition, sportswear or even second-hand uniforms in physical second-hand stores or online. Just google: "second-hand children's clothing" and choose the one you like best.

## 3 Book covers:

Grease proof paper is a fantastic alternative to plastic when it comes to protecting school books, they are also great to decorate and easy to add names and subjects.

## 4 Use a stainless steel reusable bottle:

The school year lasts 37 school weeks. That is approximately 185 days. If each child carries a plastic bottle a day, the total is 185 plastic bottles each course. Now multiply it by 25 students: there are 4624 plastic bottles in only one class! Use a stainless steel children's bottle and you will only need one.

## 5 Bring back stainless steel lunch boxes:

Do you remember the stainless steel lunch box of your childhood? It turns out that its the greenest and healthiest option you can find for lunches. In our store we offer lunch boxes of different shapes and sizes. Also remember you can replace foil for either a bees-wax wrap or a simple cotton cloth.



YOU CAN FIND MORE INFORMATION ON:

[WWW.SINPLASTICO.COM](http://WWW.SINPLASTICO.COM)

